

Results from the 2015 Virginia Youth Survey show that VA high schoolers are improving their health behaviors.









For the first time, these trends are Statistically significant



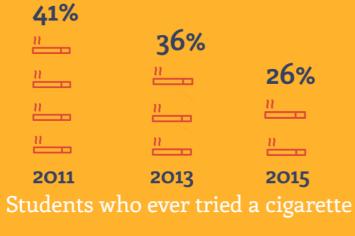


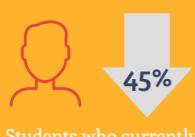
Decreases in risky behaviors 2011 - 2015



Cigarette Use



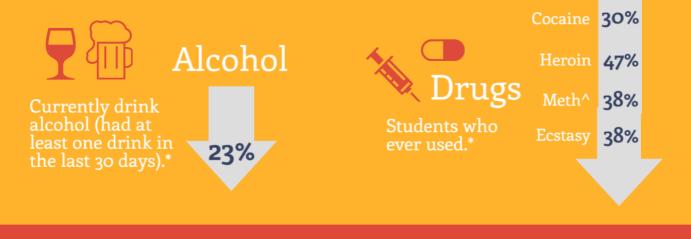




during the last 30 days).*



Alcohol and Drug Use



Room for Improvement







Remained stable from 2011-2015.

Physical

*Decrease in behavior is represented by the percent change. Percent change is the relative change between an old value and a new one.

Continued promotion of healthy eating and active lifestyles are needed for greater impact!

^Methamphetamines

Source: Virginia Department of Health. Virginia Youth Survey. 2011-2015.

